



KIMS SUPER SPECIALITY & CANCER CENTRE



Appointment & Enquiry
0674 7111 011 | 7105333



24 x 7 Emergency
0674 2725228 / 7105354



Ambulance
1800 309 8888 | 0674 7111333



Health Check-up Appointment
7682 806 534



Radiation Therapy Appointment
0674 7111011 (Ext. 601018)



PET CT Appointment
7682 806 524

@kimsbbs

@kimsbbsr

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KIMS PBM Hospital



KIMS SUPER SPECIALITY & CANCER CENTRE



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SENIOR CITIZEN HEALTH CHECK-UP

Why Sr. Citizen Health Check-up?

As people age, their immune system weakens, and the risk of developing chronic illnesses like diabetes, hypertension, heart disease, prostrate and osteoporosis increases. Regular health checkups for senior citizens are essential to detect and manage such conditions at an early stage, ensuring timely treatment and reducing complications.

Routine screenings help monitor vital parameters such as blood pressure, cholesterol, and blood sugar levels, preventing severe health issues. Early detection of age-related conditions like arthritis, vision problems, and neurological disorders enables doctors to recommend necessary lifestyle changes, medications, and therapies for better health management.

Preventive healthcare reduces hospital visits, lowers medical expenses, and enhances overall well-being. Regular checkups also promote an active and independent lifestyle for seniors, improving their quality of life. With proper medical attention and preventive care, elderly individuals can lead healthier and more fulfilling lives, ensuring peace of mind for both themselves and their families.

Basic Health Checkup

- Physician Consultation
- Gynaecology Consultation (For Female)
- Consultation Ophthalmology (Refraction)
- Consultation Dental (Screening)
- Consultation Physiotherapy
- Consultation Dietician
- CBC
- ESR
- Fasting Blood Sugar (FBS)
- Post Prandial Blood Sugar (PPBS)
- Serum Phosphorus
- Serum Uric Acid
- TSH
- Serum Calcium
- Serum Creatinine
- Serum Cholesterol
- Lipid Profile
- Urine RE/ME
- X-Ray Chest PA
- USG Abdomen & Pelvis
- ECG (12 Lead Computerised)
- ECHO Without Film
- Complimentary Breakfast

Standard Health Checkup

- Physician Consultation
- Gynaecology Consultation (For Female)
- Consultation Ophthalmology (Refraction)
- Consultation Dental (Screening)
- Consultation Physiotherapy (For Female)
- Consultation Dietician
- CBC
- ESR
- Fasting Blood Sugar (FBS)
- Post Prandial Blood Sugar (PPBS)
- Kidney Function Test (KFT)
- Liver Function Test (LFT)
- Blood Urea Nitrogen (BUN)
- Lipid Profile
- TSH
- Vitamin B - 12
- Urine RE/ME
- X-Ray Chest PA
- USG Abdomen & Pelvis
- ECG (12 Lead Computerised)
- ECHO without Film
- PSA (For Male)
- PAP Smear (For Female)
- Complimentary Breakfast

Advance Health Checkup

- Physician Consultation
- Gynaecology Consultation (For Female)
- Consultation Ophthalmology (Refraction)
- Consultation Dental
- Consultation Physiotherapy
- Consultation Dietician
- CBC
- Peripheral Smear
- ESR
- Serum CRP (Quantitative)
- Fasting Blood Sugar (FBS)
- Post Prandial Blood Sugar (PPBS)
- HbA1C
- Kidney Function Test (KFT)
- Liver Function Test (LFT)
- Lipid Profile
- DEXA Scan Bone Densitometry (Whole Body)
- Blood Urea Nitrogen (BUN)
- Thyroid Profile (T3,T4,TSH)
- Vitamin D (25 - OH)
- Vitamin B - 12
- Serum Iron
- Urine RE/ME
- Stool RE/ME
- PFT
- X-Ray Chest PA
- USG Abdomen & Pelvis
- ECG (12 Lead Computerised)
- ECHO Without Film
- PAP Smear (For Female)
- PSA (For Male)
- Mammography (Both)
- Complimentary Breakfast



General Guidelines

- ∞ Walk in between 08:00 AM and 09:00 AM (Monday to Saturday).
- ∞ To schedule an appointment, **please call: 7682806534.**
- ∞ Arrive on an empty stomach (12 hours of fasting required).
- ∞ Follow any specific instructions given by your physician.
- ∞ Ensure you get enough sleep before your checkup.
- ∞ Bring any relevant past medical records to your visit.