



KIMS SUPER SPECIALITY & CANCER CENTRE



Appointment & Enquiry
0674 7111 011 | 7105333



24 x 7 Emergency
0674 2725228 / 7105354



Ambulance
1800 309 8888 | 0674 7111333



Health Check-up Appointment
7682 806 534



Radiation Therapy Appointment
0674 7111011 (Ext. 601018)



PET CT Appointment
7682 806 524

@kimsbbs

@kimsbbsr

@kimsbbsr

KIMS PBM Hospital



KIMS SUPER SPECIALITY & CANCER CENTRE



Kalinga Institute of Medical Sciences

Kushabhadra Campus (KIIT Capus-5) Patia,
Bhubaneswar - 751024, Odisha, India

info@kims.ac.in <https://pbmh.ac.in> | <https://kims.kiit.ac.in>

PREVENTIVE HEALTH CHECK-UP

Why Preventive Health Check-up?

Preventive health check-ups play a crucial role in maintaining overall well-being. They help detect potential health issues even before symptoms appear, allowing for early intervention and timely treatment. By taking proactive steps toward regular health check-ups, screenings, and necessary medical treatments, you can ensure a more accurate diagnosis, better disease management, and a healthier, longer life. Prioritizing preventive care today can safeguard your future health and well-being.

Basic Health Checkup

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|---|------------------------------|
| • Physician Consultation | • ESR |
| • Ophthalmology Consultation | • Lipid Profile |
| • Gynaecology Consultation (For Female) | • Urine RE/ME |
| • Random Blood Sugar (RBS) | • ECG (12 Lead Computerised) |
| • Serum Creatinine | • X-Ray Chest PA |
| • CBC | |

Standard Wellness Package

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|---|------------------------------|
| • Physician Consultation | • Lipid Profile |
| • Ophthalmology Consultation (Refraction) | • Serum Uric Acid |
| • Dental Consultation (Screening) | • Serum Calcium |
| • Dietician Consultation | • Urine RE/ME |
| • Gynaecology Consultation | • Stool RE/ME |
| • Random Blood Sugar (RBS) | • PFT |
| • CBC | • X-Ray Chest PA |
| • ESR | • USG Abdomen & Pelvis |
| • Serum Creatinine | • ECG (12 Lead Computerised) |
| • TSH | • ECHO Without Film |

Advanced Care Checkup

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|---|------------------------------|
| • Physician Consultation | • Lipid Profile |
| • Ophthalmology Consultation (Refraction) | • Serum Iron |
| • Dental Consultation (Screening) | • Vitamin B - 12 |
| • Dietician Consultation | • Urine RE/ME |
| • Gynaecology Consultation | • Stool RE/ME |
| • Thyroid Profile (T3,T4,TSH) | • X-Ray Chest PA |
| • Fasting Blood Sugar (FBS) | • USG Abdomen & Pelvis |
| • Post Prandial Blood Sugar (PPBS) | • PFT |
| • CBC | • ECG (12 Lead Computerised) |
| • ESR | • ECHO Without Film |
| • Serum CRP (Quantitative) | • TMT (Stress Test) |
| • Blood Urea Nitrogen (BUN) | • PSA (For Male) |
| • Kidney Function Test (KFT) | • PAP Smear (For Female) |
| • Liver Function Test (LFT) | • Complimentary Breakfast |

Classic Health Screening

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|---|------------------------------|
| • Physician Consultation | • Lipid Profile |
| • Ophthalmology Consultation (Refraction) | • Serum CRP (Quantitative) |
| • Dental Consultation (Screening) | • Serum Iron |
| • Dietician Consultation | • Vitamin D (25 - OH) |
| • Gynaecology Consultation (For Female) | • Vitamin B - 12 |
| • Blood Urea Nitrogen (BUN) | • Urine RE/ME |
| • Audiometry (Audiogram) | • Stool RE/ME |
| • Thyroid Profile (T3,T4,TSH) | • PFT |
| • Fasting Blood Sugar (FBS) | • X-Ray Chest PA |
| • Post Prandial Blood Sugar (PPBS) | • USG Abdomen & Pelvis |
| • HbA1C | • ECHO Without Film |
| • CBC | • ECG (12 Lead Computerised) |
| • Peripheral Smear | • TMT (Stress Test) |
| • ESR | • PSA (For Male) |
| • Kidney Function Test (KFT) | • PAP Smear (For Female) |
| • Liver Function Test (LFT) | • Complimentary Breakfast |

Ultra Premium Health Check

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|--|------------------------------|
| • Physician Consultation | • Lipid Profile |
| • Ophthalmology Consultation (Refraction) | • Serum Iron |
| • Dental Consultation (Screening) | • Urine RE/ME |
| • Dietician Consultation | • Stool RE/ME |
| • Gynaecology Consultation (For Female) | • Vitamin D (25 - OH) |
| • Blood Urea Nitrogen (BUN) | • Vitamin B - 12 |
| • Audiometry (Audiogram) | • Serum CRP (Quantitative) |
| • Thyroid Profile (T3,T4,TSH) | • PFT |
| • Fasting Blood Sugar (FBS) | • X-Ray Chest PA |
| • Post Prandial Blood Sugar (PPBS) | • USG Abdomen & Pelvis |
| • HbA1C | • ECG (12 Lead Computerised) |
| • CBC | • ECHO Without Film |
| • Peripheral Smear | • TMT (Stress Test) |
| • ESR | • PSA (For Male) |
| • Kidney Function Test (KFT) | • PAP Smear (For Female) |
| • Liver Function Test(LFT) | • Mammography (Both) |
| • Deka Scan Bone Densitometry (Whole Body) | • Complimentary Breakfast |

General Guidelines

- ☞ Walk in between 08:00 AM and 09:00 AM (Monday to Saturday).
- ☞ To schedule an appointment, **please call: 7682806534**.
- ☞ Arrive on an empty stomach (12 hours of fasting required).
- ☞ Follow any specific instructions given by your physician.
- ☞ Ensure you get enough sleep before your checkup.
- ☞ Bring any relevant past medical records to your visit.